

STRENGTH, BONES & BALANCE

STRENGTH BONES & BALANCE – WITH PHYSIOTHERAPIST (4:1)
DUET AND PRIVATE STRENGTH BONES & BALANCE BY APPOINTMENT



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	7.30am STRENGTH BONES & BALANCE Christian			7.30am STRENGTH BONES & BALANCE Danica
	8.30am STRENGTH BONES & BALANCE Christian		8.30am STRENGTH BONES & BALANCE Danica	8.30am STRENGTH BONES & BALANCE Christian
9.30am STRENGTH BONES & BALANCE Sofie	9.30am STRENGTH BONES & BALANCE Christian	9.30am STRENGTH BONES & BALANCE Christian	9.30am STRENGTH BONES & BALANCE Christian	9.30am STRENGTH BONES & BALANCE Danica
10.30am STRENGTH BONES & BALANCE Danica		10.30am STRENGTH BONES & BALANCE Christian	10.30am STRENGTH BONES & BALANCE Christian	
11.30am STRENGTH BONES & BALANCE Danica	11.30am STRENGTH BONES & BALANCE Christian			11.30am STRENGTH BONES & BALANCE Christian
			5.00pm STRENGTH BONES & BALANCE Christian	

PRANA PHYSIOTHERAPY & HEALTH PRICING

	DURATION	PHYSIOTHERAPISTS	SENIOR PHYSIOTHERAPISTS	PRINCIPAL PHYSIOTHERAPISTS & DR HELEN CLARE
PRIVATE CONSULTATIONS	Up to 25 minutes	\$120	\$130	\$135
	Up to 50 minutes	\$180	\$220	\$270
DUET 2:1 SESSIONS	Up to 50 minutes	\$90/person	\$110/person	\$135/person
SEMI-PRIVATE CLASSES	50 minutes per session	\$75 casual (6 months expiry) 10 pack \$580 - \$58 per class – Most Popular (6 months expiry) 20 pack \$1040 - \$52 per class (6 months expiry) 30 pack \$1470 - \$49 per class (6 months expiry) Invoices sent after class completed to claim private health rebate		