

# STRENGTH, BONES & BALANCE

STRENGTH BONES & BALANCE – WITH PHYSIOTHERAPIST OR AEP (4:1)  
DUET AND PRIVATE STRENGTH BONES & BALANCE BY APPOINTMENT



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	8.00am <b>STRENGTH BONES &amp; BALANCE</b> Shaun			7.30am <b>STRENGTH BONES &amp; BALANCE</b> Shaun
	8.30am <b>STRENGTH BONES &amp; BALANCE</b> Jessica	8.30am <b>STRENGTH BONES &amp; BALANCE</b> Jessica		8.30am <b>STRENGTH BONES &amp; BALANCE</b> Shaun
9.30am <b>STRENGTH BONES &amp; BALANCE</b> Sofie	9.30am <b>STRENGTH BONES &amp; BALANCE</b> Shaun		9.30am <b>STRENGTH BONES &amp; BALANCE</b> Shaun	9.30am <b>STRENGTH BONES &amp; BALANCE</b> Shaun
		10.30am <b>STRENGTH BONES &amp; BALANCE</b> Jessica	10.30am <b>STRENGTH BONES &amp; BALANCE</b> Shaun	
				11.30am <b>STRENGTH BONES &amp; BALANCE</b> Jessica
			5.00pm <b>STRENGTH BONES &amp; BALANCE</b> Shaun	

## PRANA PHYSIOTHERAPY & HEALTH PRICING

	DURATION	ACCREDITED EXERCISE PHYSIOLOGISTS	PHYSIOTHERAPISTS	SENIOR & PRINCIPAL PHYSIOTHERAPISTS
PRIVATE CONSULTATIONS	Up to 25 minutes	\$95	\$110	\$130
	Up to 50 minutes	\$170	\$70	\$260
DUET 2:1 SESSIONS	Up to 50 minutes	\$82.50/person 10 pack \$765/person	\$82.50/person 10 pack \$765/person	\$125/person 10 pack \$1150/person
SEMI-PRIVATE CLASSES	50 minutes per session	\$65 casual (4 week expiry) <b>10 pack \$520 - \$52 per class – Most Popular (12 week expiry)</b> 20 pack \$960 - \$48 per class (6 months expiry) 30 pack \$1380 - \$46 per class (6 months expiry) <i>Invoices sent after class completed to claim private health rebate</i>		