

STRENGTH, BONES & BALANCE

STRENGTH BONES & BALANCE – WITH PHYSIOTHERAPIST (4:1)
DUET AND PRIVATE STRENGTH BONES & BALANCE BY APPOINTMENT



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	8.00am STRENGTH BONES & BALANCE Shaun			7.30am STRENGTH BONES & BALANCE Shaun
	8.30am STRENGTH BONES & BALANCE Christian		8.30am STRENGTH BONES & BALANCE Danica	8.30am STRENGTH BONES & BALANCE Christian
9.30am STRENGTH BONES & BALANCE Sofie/Shawn	9.30am STRENGTH BONES & BALANCE Christian	9.30am STRENGTH BONES & BALANCE Christian	9.30am STRENGTH BONES & BALANCE Christian	9.30am STRENGTH BONES & BALANCE Shaun
10.30am STRENGTH BONES & BALANCE Shaun		10.30am STRENGTH BONES & BALANCE Christian	10.30am STRENGTH BONES & BALANCE Christian	
11.30am STRENGTH BONES & BALANCE Danica	11.30am STRENGTH BONES & BALANCE Christian			11.30am STRENGTH BONES & BALANCE Christian
			5.00pm STRENGTH BONES & BALANCE Christian	

PRANA PHYSIOTHERAPY & HEALTH PRICING

	DURATION	PHYSIOTHERAPISTS	SENIOR PHYSIOTHERAPISTS	PRINCIPAL PHYSIOTHERAPISTS & DR HELEN CLARE
PRIVATE CONSULTATIONS	Up to 25 minutes	\$125	\$135	\$140
	Up to 50 minutes	\$186	\$227	\$280
DUET 2:1 SESSIONS	Up to 50 minutes	\$93/person	\$114/person	\$140/person
SEMI-PRIVATE CLASSES	50 minutes per session	\$75 casual (6 months expiry) 10 pack \$600 - \$60 per class – Most Popular (6 months expiry) 20 pack \$1080 - \$54 per class (6 months expiry) 30 pack \$1530 - \$51 per class (6 months expiry) Invoices sent after class completed to claim private health rebate		